



Tripura University

(A Central University)

Suryamaninagar

West Tripura

Syllabus for
Four Years Undergraduate Programme Subject:
Human Physiology
(As per NEP-2020)

1st Semester (Minor)

Revised as on October, 2025

1st YEAR
Semester-I
Paper-1A- (Theory)
HP-101M

Full marks- 60 (Internal assessment-24; End Sem. Exam. - 36)

Unit-1: Structural and Functional basis of Human Body

1. General structure and function of eukaryotic cell, Cell->tissue->organ->system concept.
2. Different types of human tissues-Functions.
3. Musculo-skeletal system: Types of muscle, Bone, Cartilage & ligament. Joints types-functions.
4. General idea about functional aspect of human body organ and organ systems.

Unit-2: Biophysics and Physicochemical Principles

1. Diffusion, Osmosis, Osmotic pressure. Tonicity-isotonic, hypertonic, hypotonic.
2. Basic idea about cell membrane transport: Passive transport-ligand and voltage gated ion channel transport, facilitated diffusion. Active transport, secondary active transport.
3. Gibbs-Donnan membrane equilibrium- its biological application.
4. Acids, bases, pH and Buffers: Definition, biological significance. Henderson- Hasselbalch equation. Important Buffers in the Body.

Unit-3: Chemistry of Bio molecules

1. Chemistry, classification and physiological importance of carbohydrates. Properties of carbohydrates.
2. Chemistry, classification and physiological importance of Proteins.
3. Chemistry, classification and physiological importance of Lipids & fatty acids. Mono and poly unsaturated fatty acids.
4. Phospholipids- types, Sterols – physiological significance.

Unit – 4: Enzymes

1. Enzyme classification.
2. Concept of apoenzyme, holoenzyme,
3. coenzyme, cofactors, isoenzyme.
4. Mechanism of enzyme action- models; activation energy; active site, regulatory site-Allosteric enzyme.

Paper-1B-(Practical)
HP-102M

Full marks-40 (Internal assessment-16; End Sem. Exam. -24)

CONTENTS:

1. Study of Models / Charts of different body organ systems & organs – Anatomical position, Structure & Functions.
2. Study of Human Skeleton
3. Study of Body Anthropometry- Stature, weight, sitting height, shoulder height (standing), Elbow height (standing), Hip height (standing), hand length, shoulder elbow length, leg length, shoulder breadth (biacromial), Arm reach from wall (Arm span), Knee to Knee Breadth, Elbow to elbow breadth, Head circumference, Shoulder circumference, Chest circumference, waist circumference, hip circumference. Calculation of BMI, BSA, WHR, Head and Chest circumference ratio.