# Holy Cross College, Agartala Department of Teacher Education

A Report on the Community Service held on 4th May of 2023

"Service to mankind is service to the God."

— Swami Vivekananda

#### Introduction:

The importance of community service is often overlooked. It can considerably impact our mental and physical health and help people feel valued. The key to good health and happy life is feeling appreciated for what you do. It motivates people to volunteer or donates their time to make this happen. It also creates a sense of purpose and value in life and helps people see that their efforts have an impact on others.

Volunteering for a charity or nonprofit organization can positively impact the community. You could help raise awareness about a cause, promote social justice, strengthen bonds within your community, or improve mental and physical health. Community service is crucial for people of all ages. Community service activities help children define their values, experience empathy, develop social skills, and learn about their community. Volunteering can also open doors to various career opportunities after completing higher education.

To grow, a person needs to step outside of their own life and do something that benefits others. Community service provides individuals with a feeling of accomplishment and expands their knowledge in various fields by volunteering time and money. A person who desires growth must first understand the importance of community service before finding out how to go about it. And with this all-in mind, we planned a community service from our department to be held on 4<sup>th</sup> May 2023.

#### **Announcement:**

A meeting was held with the whole department on 27<sup>th</sup> April and the date was decided to be on 4<sup>th</sup> may as agreed upon by everyone. The venue was *'Shree Aurobindo Shreema Ashram'* in Aralia, Agartala, West Tripura. It is an Ashram which houses many children that do not have parents or guardians to look after them.

Everyone decided to contribute at-least 50 rupees or more individually so that we'd be able to contribute something to the great cause that the Ashram is working towards.

The class representatives were given the responsibility to collect the money from everyone and buy the things decided to be contributed.

## Preparation:

The money was collected from the students of both the semesters and he teachers also contributed generously. On 3<sup>rd</sup> May 2023, Sourav Debnath & Dhruba Debnath from 4<sup>th</sup> semester and Bishal Das from 2<sup>nd</sup> semester went to buy all the things. They bought things from different places. Flex from Office Lane, Stationary from Battala, Grocery from Durjoynagar and Jogendranagar, Sports items from Old Motor Stand. After buying all the things they came back to campus at around 1:30 PM.

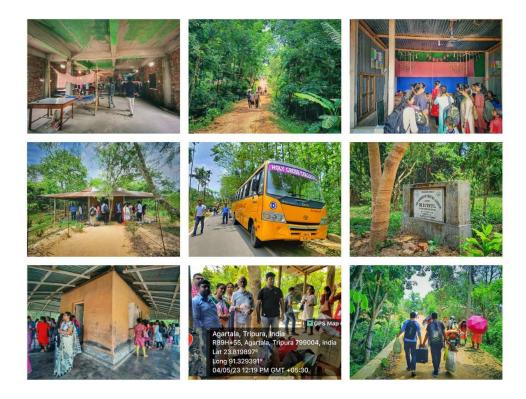
Meanwhile all the other students were preparing some performances. A drama, a few dance performances and group songs. Preparation and practice for those were also going on in full swing. Before daybreak, we planned up all the things and made sure that everything was properly set up.

### Service day:

On 4<sup>th</sup> May morning, everyone gathered at the campus at 9:00 AM which is the usual college commencement hour. We had the morning assembly and at around 10:30 AM the buses came to pick us up and we started our journey. It took us around 1 hour to reach the Ashram.

The locality was kind of inaccessible for the buses, so we marched forward for about 300 meters to reach the Ashram. There was a foundation stone at the entrance. One central mud house which was the prayer hall. A tin house where they used to live before, a shed made for studying and a new under construction building which is designed to house 100 children. The children are now shifted to the bottom floor which is half complete.

We conducted the programs on the verandah of the Prayer Hall. All the performances were great, the children there also performed a group song, and one talented child showed us terrific skills of Yogasana. He could also recite the whole of Geeta from his memory.



It was getting late, and the children were hungry because it was already lunchtime. So, we let them go for lunch and interacted with the secretary. We handed over all the goods we bought for the contribution, roamed around the beautiful Ashram, and bid adieu to them. We came back to the buses and boarded to return. Everyone reached home by 3:00 PM.



# **Conclusion:**

There are a lot of people and organizations working towards great causes that shape the society in a positive way. A little help, a little boost to them from the public side, just doesn't make it easy but also motivates them to do more, be more and achieve greater results. Including activities like community service provides opportunity to the students to partake in greater cause and realize how they can be helpful to society in more than one way.

Sarajit Biswas Asst. HoD, Dept. of Teacher Education Holy Cross College, Agartala