

DATE: 21.09.2021

## REPORT ON SESSION WITH THE COUNSELLING PSYCHOLOGY FACULTY DATE: 21/09/2021 TIME: 11.00AM - 1:00 PM PLATFORM: GOOGLE MEET (ONLINE) Meeting URL: https://meet.google.com/ywn-znmr-qcq

The Department of Botany conducted an interactive session in Google meet on September 21, 2021 with Mrs. Moushumi Jena, who is a counselling psychology instructor at HCC. It is planned that the session will take place in the middle of the first, third, and fifth semesters of the school year. The program's objective was to educate first-year students at Holy Cross College about the Centre for Counseling Psychology, including the range of services offered by the centre as well as the part it plays in the overall life of the campus community. The purpose of the activity was to offer aid to the students in the development of their unrealized potential in order to enable them to realise their goals of achieving greatness in both their personal and professional life, as well as happiness and holistic health.

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