



HOLY CROSS COLLEGE

ACCREDITED BY NAAC WITH 'A' GRADE

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Report on Observance of Suicide prevention day

Theme : "Creating Hope through Action"

**Organised by Department of Psychology in collaboration with
Centre for counselling Holy Cross College Jubarata.**

The Department of Psychology, in collaboration with the Centre for Counselling HCC, observed Suicide Prevention Day under the theme "Creating Hope through Action" On 22nd of September 2023 in the Holy Cross College Auditorium Jubarata Campus from 11am to 12:20pm. This event aimed to raise awareness about suicide prevention, promote mental health, and encourage actionable steps towards creating a supportive environment for those in need.

Objectives :

- I. To raise awareness about suicide prevention.
- II. To promote mental health and well-being.
- III. To encourage individuals to take actionable steps to support others.
- IV. To provide resources and support to those in need.

Event Highlights:

Opening Ceremony:

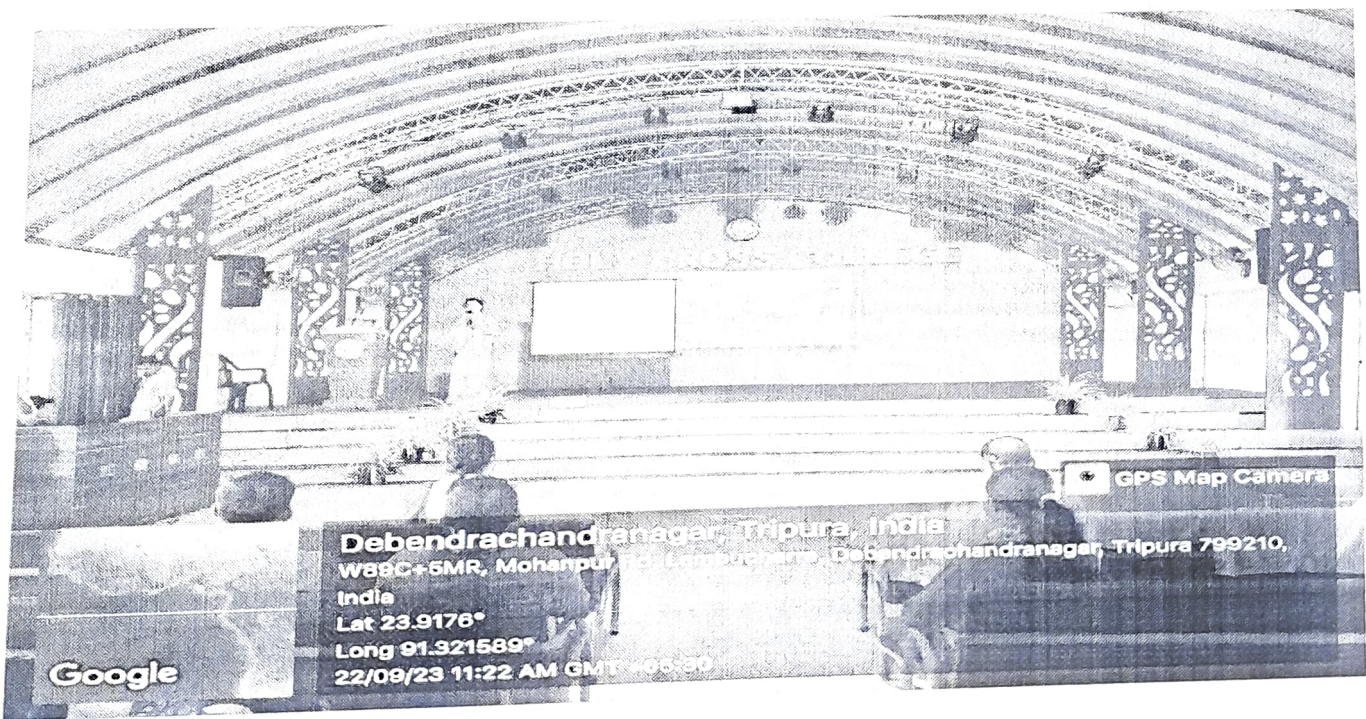
The event commenced with a warm welcome by the Head of the Department of Psychology Ms. Debanjana Mukherjee, who emphasized the importance of the theme "Creating Hope through Action" and the role of the community in suicide prevention.

Keynote Address:

Dr. Poonam Mukherjee a renowned psychologist and Head of Department of Psychology ICFAI university Tripura. Dr.Mukherjee highlighted the critical aspects of mental health, the signs of suicidal behavior, and effective intervention strategies.

Closing Ceremony:

The event concluded with a Q&A session where participants shared their experiences and reflections and the vote of thanks was proposed by Dr.Rajshree Debbarma Assist. Inchange Centre for counselling Holy Cross College.





GPS Map Camera
Debendrachandranagar, Tripura, India
W89C+6MR, Mohanpur Rd, Lembucherra, Debendrachandranagar, Tripura 799210,
India
Lat 23.9176°
Long 91.321589°
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