

Tripura University

NEP Based Learning Outcome Curriculum Framework (LOCF) for BA Psychology

Semester V (Major (core) Course 9 (4)) Industrial Psychology-I

Learning outcomes:

- Understanding the concept of industrial psychology
- Knowing concepts of communication and its different aspects.
- Learning concepts of leadership and motivation, job satisfaction.
- Applying the knowledge of stress management for better organisational environment.

UNIT I: Industrial psychology: Objectives, importance, nature, scope, methods.

Organisational environment: Physical, psychological and their influence on work and output

UNIT II: Communication: importance, kinds, barriers, steps of effective communication. Stress: causes; effects and managements. Motivation at work – importance, need, types and its effects on work behaviour. Motivation theories: Maslow; Herzberg.

UNIT III : Basis of personnel selection. Job analysis: Importance, objectives. Methods; Uses of psychological test in selection practices. Leadership and function, types and training.

UNIT IV: Decision making process: Definition and concept, models of decision making, rational model, Garbage Can Model.

References

- Blum, N.L...& Naylor J.C. Industrial Psychology its theoretical and social foundation.
- Mc.Cormick, E.J. & Ligen, D.: Industrial Psychology.
- Robbins. S.P.: Organizational Behaviour: Concepts, Controversies & Applications.
- Motanty, G.B.: Textbook of Industrial and Organizational Psychology.

Semester V

Major (core) Course 10 (4)

Industrial Psychology-II: Theory & Practicum

Learning outcomes:

- Understanding the concept of organisational behaviour
- Knowing concepts of communication and its different aspects.
- Learning concepts of motivation and job satisfaction.
- Applying the knowledge of Stress management for better organisational environment.

Unit I: Introduction to organisational behaviour. Organizational climate and culture. Factors affecting organisational climate.

Unit II: Motivation at work: Importance, types and its effect on work behaviour.

Unit III: Job satisfaction: Meaning, factors. Consumer psychology: Definition of consumer behaviour, personality factors of consumers; Advertisement: Definition, psychological appeal of advertisement

Unit IV: Stress and wellbeing at work: Sources of work stress, consequences of stress. Management of stress.

Practicum:

- Measurement of organisational stress by using any suitable test.
- Measurement of job satisfaction by using any suitable test.
- Measurement of motivation by using any suitable test.

References

- Blum, N.L...& Naylor J.C. Industrial Psychology its theoretical and social foundation.
- Mc.Cormick, E.J. & Ligen, D.: Industrial Psychology.
- Robbins. S.P.: Organizational Behaviour: Concepts, Controversies & Applications.

- 11. Motanty, G.B.: Textbook of Industrial and Organizational Psychology.

Semester V

Major (core) Course 11 (4)

Abnormal Psychology-I

Learning Outcome:

- 1) To develop knowledge of schizophrenia along with its causes and treatment.
- 2) To develop familiarity with depression disorder.
- 3) To understand trauma and stress related disorder.
- 4) To learn details of personality Disorder.

Unit I: Schizophrenia: Types, Causes, clinical features & Treatment. Delusional disorders:
Causes, clinical features & treatment.

Unit II: Depression Disorder: Types, causes, clinical features & treatment.

Unit III: Trauma and stress related disorders: Symptoms, causes, types & treatment. Somatic disorders.

Unit IV: Dissociative disorder, Gender dysphoria & personality disorder.

References

- 1) Bennett, P. (2006). Abnormal and Clinical Psychology: An introductory textbook. New York: Open University Press.
- 2) Brewer, K. (2001). Clinical Psychology. Oxford : Heinemann Educational Publishers
- 3) Carson, R.C., Butcher,J.N.,Mineka,S. & Hooley,J.M. (2008). Abnormal Psychology. New Delhi: Pearson.
- 4) David Barlow H. & Durand V. Mark, 7 thEdition, e-book (2013) Abnormal Psychology :Cengage Learning India Edition
- 5) Kearney, C. A. &Trull, T. J. (2012). Abnormal Psychology and Life: A dimensional approach. New Delhi :Cengage learning

Semester V
Major (Core) Course 12 (4)

Abnormal Psychology II: Theory & Practicum

Learning Outcome:

- 1) To develop knowledge of abnormal psychology.
- 2) To develop familiarity with concept of normality and abnormality.
- 3) To understand Anxiety related disorder.
- 4) To learn details of Disruptive, impulse & conduct Disorder.

Unit I: Abnormal Psychology: Concept & Historical overview. Modern concept of abnormal psychology, nature, Scope, methods. Determinants (biological, psychological, sociocultural) of abnormal behaviour.

Unit II : Concept of normality and abnormality. Classification: DSM & ICD (Latest version) .Clinical Assessment of Abnormal Behaviour. Concept on Drug Addiction.

Unit III : Anxiety disorder: Generalized anxiety disorder, Phobia(Specific Phobia, Social Phobia & Agoraphobia), Separation anxiety disorder, panic disorder .

Unit IV : Disruptive, Impulse control & Conduct disorders: symptoms, causes & types. Feeding and Eating disorder: symptoms, causes & types. Elimination disorder: symptoms, causes & types.

Practicum:

- Measurement of anxiety by using any suitable test
- Measurement of Self-harm behaviour by any suitable test.
- Measurement of Drug abuse by any suitable test

References

- Coleman. J.C.: Abnormal psychology and modern life.
- Carson. C. Robert. Butcher. N. James and Mineka, Susan: Abnormal Psychology and Modern Life (Latest edition).
- Gelder. N. G. et al: Textbook of Psychiatry.

- Mohanty. G.: Textbook of Abnormal psychology.
- Page: Abnormal psychology.
- Kaplan and Sadock: Synopsis of Psychiatry.

Semester V
Minor Course 5 (4)
Abnormal Psychology : Theory & Practicum

Unit I: Abnormal Psychology: Concept & Historical overview. Nature, Scope & methods of abnormal Psychology. Determinants (biological, psychological, sociocultural) of abnormal behaviour.

Unit II : Concept of normality and abnormality. Classification of Mental Disorder: DSM (Latest version). Concept on Drug Addiction.

Unit III : Anxiety disorders : Generalized anxiety disorder, Phobia (Specific Phobia, Social Phobia & Agoraphobia), Separation anxiety disorder, panic disorder .

Unit IV : Mood disorder- major depressive episode, dysthymic disorder. Bipolar affective disorder-symptoms, etiology, treatment.

Practicum

- Measurement of anxiety by using any suitable test
- Measurement of Depression by any suitable test.

References

- Coleman. J.C.: Abnormal psychology and modern life.
- Carson. C. Robert. Butcher. N. James and Mineka, Susan: Abnormal Psychology and Modern Life (Latest edition).
- Gelder. N. G. et al: Textbook of Psychiatry.
- Mohanty. G.: Textbook of Abnormal psychology.
- Page: Abnormal psychology.
- Kaplan and Sadock: Synopsis of Psychiatry.