



# HOLY CROSS COLLEGE, AGARTALA

Jubatara, Lembucherra P.O., Tripura West - 799210, www.holycrosscollege.in

Accredited by NAAC with 'A' Grade



## National Webinar

on

### SOCIAL CHALLENGES AND THE IMPORTANCE OF SELF-MANAGEMENT DURING COVID-19 PANDEMIC

Organized by

Department of Sociology, Holy Cross College

Date: 20<sup>th</sup> August, 2020

Time: 04:00 pm - 06:00 pm

Join us on : **Google Meet / Facebook Live**  
(Holy Cross College Agartala)

NB:- (i) Meeting Code will be shared one day before the seminar.  
(ii) E- Certificate will be provided



Free Registration

Click Here to REGISTER

### Resource Persons



#### ANIMESH BAHADUR

PROFESSOR & CHAIRPERSON-HUMAN RESOURCE MANAGEMENT,  
ORGANIZATIONAL BEHAVIOUR & COMMUNICATIONS AREA  
T.A. PAI MANAGEMENT INSTITUTE (TAPMI)  
MANIPAL UDUPI

Topic: Coping with Stress and Mental Health Challenges  
in the context of Covid-19.

#### DR. BIR PAL SINGH

FACULTY IN PANCHAYAT ADMINISTRATION &  
NYAYA PANCHAYAT,  
NATIONAL LAW INSTITUTE UNIVERSITY,  
BHOPAL (M.P.), INDIA.

Topic: Social Challenges and Self- Management  
in Post COVID-19



### Organizing Committee



Dr. Sharmistha Chakraborty  
Asst. Professor & HoD, Sociology



Ms. Sentienla  
Asst. Professor, Sociology



Mr. Joel L. Darlong  
Asst. Professor, Sociology

For details, Contact:- Dr. Sharmistha Chakraborty, Mobile: 9774690644